

RUN 4 FUN

KEY
STAGE
3

EQUIPMENT REQUIRED:


 Cones or track markings

AGE CATEGORIES:


 Year 7/8 & 9 (separate boys and girls competitions).


TEAM SIZE:

 Unlimited participants!


 Please encourage as many children as possible to get involved whilst adhering to your school's individual risk assessments on social distancing and making sure that all children can compete in a safe environment.

RULES:

 Mark out a course of 1500m with start and finish lines.- If you have limited area, you can do 3 laps of 500m or 5 laps of 300m course etc..


 The course should be marked with tape or cones and for ease of running and safety there should be no sharp corners.


 Athletes start behind the start line.


 The Starter will give them the instructions "On your marks, Go".


 It is a false start if one or more of the athletes starts to run before the Starter says "Go".

SCORING:


 This is an individual event although there will also be a School's team event with the first four children home in each category scoring for their school team.

 Schools only need to record the 4 fastest times within the school for each gender group, allowing schools to run a series of races for different bubbles, class /year groups.

 In the event of a tie between any numbers of school, the time of the fourth scorer will be deciding factor.

 Schools will also need to submit the TOTAL NUMBER of runners that took part in the event for each gender and age category. Plus number of Pupils in the Key Stage.

DEADLINE:

 The deadline for all entries is Friday 23rd October. Please enter by completing the OFFICIAL Results sheet and send through to schoolgames@vandyke.cbeds.co.uk